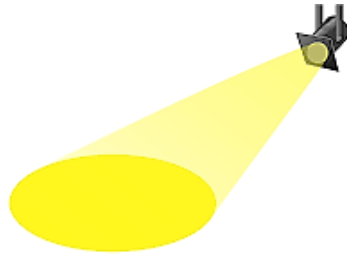


Northwest Missouri Area Agency on Aging Services Spotlight



Respite Care

This Service provides maintenance and supervision for a person needing full time care in the person's home, to provide temporary relief to the usual caregiver(s).

Respite care services include the following activities:

Supervision – the respite care worker will provide personal oversight of the person needing care, including making a reasonable effort to assure the safety of the person and to assist the person in meeting his/her own essential human needs. Sleeping is permitted when the person is asleep as long as the worker is in close proximity to the person.

Companionship – the respite care worker will provide companionship during the person's waking hours and attempt to make the person as comfortable as possible.

Eligibility: A person at least 60 years of age who has been assessed and shows an appropriate need for the service. The caregiver does not need to be over 60 years of age.

Cost: None – voluntary contribution

For more information on this program please contact the Northwest Missouri Area Agency on Aging at 888-844-5626.